

# Two Care Coordination Strategies That Are Improving Cost Efficiency

Medically complex patients tend to experience longer recovery journeys and are more likely to readmit to the ICU after hospitalization. Contributors to total cost of care such as these can be mitigated through enhanced care coordination.

## Contributors to Recovery Setbacks

### 1 Adverse Events



Research shows a relationship between adverse event rates and 30-day episode-of-care expenses for patients with serious conditions.<sup>1</sup>

### 2 Discharge Delays



Various articles report that avoidable discharge delays are important contributors to total cost of care, and that difficulties accessing subsequent levels of care is a key cause of avoidable delays.<sup>2,3</sup>

### 3 Avoidable Readmissions



CMS estimates that potentially avoidable readmissions cost Medicare \$17 billion annually.<sup>4</sup>

## Strategy 1: Internal Coordination

### Strategy

Bring together specialists from different departments within a care setting for information sharing and development of collaborative care plans.

### Benefit

Reduces the risk of adverse events related to miscommunication between caregivers.

### Kindred's Approach

Kindred's interdisciplinary care teams of physicians, ICU-level nurses, respiratory therapists and rehab specialists break down silos by meeting at the bedside daily to discuss goals, milestones and progress with the patient and family.

## Strategy 2: External Coordination

### Strategy

Facilitate communication between providers and payers about a patient's clinical needs and barriers to discharge.

### Benefit

Reduces discharge delays and the risk of readmission associated with a misalignment of medical need and level of care.

### Kindred's Approach

Kindred's care coordination meetings bring payers and Kindred case managers together for real-time discussions on patient conditions, appropriate care pathways and solutions to discharge barriers.

**Kindred currently supports the following products: Medicare Advantage, Commercial, Managed Medicaid, Veterans Affairs, Worker's Compensation. Visit [kindredmanagedcare.com](https://www.kindredmanagedcare.com) to request a conversation about how Kindred Hospitals' level of service can help manage your critically complex patients.**

#### References:

1. <https://pubmed.ncbi.nlm.nih.gov/32259263/>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7439109/>
3. <https://pubmed.ncbi.nlm.nih.gov/23965602/>
4. [https://www.cms.gov/about-cms/agency-information/omh/downloads/omh\\_readmissions\\_guide.pdf](https://www.cms.gov/about-cms/agency-information/omh/downloads/omh_readmissions_guide.pdf)